

# Jump High for Quality Child Care!

## 6 Steps to Choosing Quality Child Care

- 1 Start Early.** Take the time to become an educated consumer by learning about available child care options in your community.
- 2 Call or Visit Child Care Aware®.** Child Care Aware® provides educational information and resources that can help you find quality child care. It can also connect you to your local Child Care Resource and Referral agency.
- 3 Visit and Ask Questions.** During your visit to the program, ask if it is licensed, what qualifications the provider has, whether the program has been inspected within the last year and if all staff have completed background checks.
- 4 Check References.** Try connecting with a family that is currently attending and one that is no longer attending. It is important to hear what others think about the program.
- 5 Make a Choice.** Think about each visit, and make the choice that is best for your child.
- 6 Stay Involved.** A solid relationship between you and your child care provider is important to the care your child receives.

[www.ChildCareAware.org](http://www.ChildCareAware.org)  
**800-424-2246**



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Child Care Aware® of America [www.usa.childcareaware.org](http://www.usa.childcareaware.org) #7875-0311 #118e

I can jump this high

